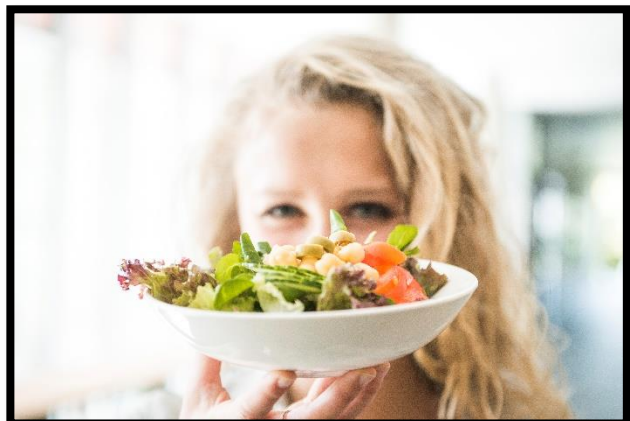


STUDY YOUR *DREAM.*

FH JOANNEUM, Campus Bad Gleichenberg



International Program

Summer Semester 2025



FH | JOANNEUM
Gesundheitsmanagement
im Tourismus

Health & Tourism Management, Bachelor (GMT)

Health, Tourism & Sport Management, Master (GTS)

FH | JOANNEUM
Diätologie

Dietetics and Nutrition

(DIO)

FH | JOANNEUM
Ergotherapie

Occupational Therapy

(ERG)

BG town - Small is
Beautiful.



Marion Luttenberger

Studying in the picturesque landscape of Eastern Styria

What makes studying in Bad Gleichenberg so special? Bad Gleichenberg has a long tradition as a spa resort and training center for the tourism and hotel industry which makes it an ideal location for the FH JOANNEUM's degree programs in tourism and health sciences. The special strengths of the region lie in tourism, wellness, health and eco-technology.

Nature is the key to the region's attractiveness. During spring and early summer, you will be surrounded by an amazingly green and lovely landscape and in autumn the grape harvest and fall colours attract many to the area. Even in winter the area has its own special charm. Forests, hills and mountains are just around the corner whenever one feels like a little hiking trip or just relaxing in a health-promoting natural environment. The leisure opportunities in Bad Gleichenberg range from nature experiences in the picturesque rolling landscape of eastern Styria to a wide variety of sporting activities. For relaxing, a wide range of possibilities is also available.

The FH campus is nestled in these green surroundings, directly across from one of the largest spa parks in Europe, and its modern infrastructure offers students an ideal environment for practical and career-focused training. The classrooms are bright and equipped with the latest technological standards.

Students at Bad Gleichenberg enjoy easy access to faculty and a close relationship with their fellow students. Because the campus is so small, everyone seems to know everyone. It is very hard to get lost here, either physically or otherwise. "Bad Gleichenberg is an unusual, but diverse and unique place to study. Once you have experienced the great student atmosphere here, you won't want to miss it", says Marlene Moser, graduate of Health Management in Tourism.

www.bad.gleichenberg.gv.at



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Your Study Choices

At FH JOANNEUM in Bad Gleichenberg there are three different Institutes (Health and Tourism Management, Dietetics and Nutrition, Occupational Therapy) which offer four different degree programs in the area of health sciences and management:

Health & Tourism Management (BA) – GMT

Health-, Tourism- and Sport Management (MA) – GTS

Occupational Therapy (BA) – ERG

Dietetics and Nutrition (BA) -- DIO

Bad Gleichenberg's three Institutes have joined forces to offer you a program in English.

We offer around 104 ECTS in English for all incoming students. You can choose any of the listed courses. Students with a good command of German can also choose other courses offered by the four programs.

If you have any special interests or if your home curriculum requires that you take a particular class not listed here, please contact the international coordinators

- Manuela Tooma (**GMT, GTS**) manuela.tooma@fh-joanneum.at
- Theresa Draxler (**DIO**) theresa.draxler@fh-joanneum.at
- Katrin Pechstädt (**ERG**) katrin.pechstaedt@fh-joanneum.at

They will see if there are options available.



If you are interested:

First step:

Your university must nominate you as an Erasmus student at our institution (international@fh-joanneum.at).

At the same time, please contact **Manuela Tooma (Health Management/Tourism)**, **Theresa Draxler (Dietetics)** or **Katrin Pechstädt (Occupational Therapy)** for all academic matters. They will advise you in putting together your Learning Agreement.

Nomination deadline is the **1st November 2024**. The number of participants for this program is limited.

Second step:

After receiving your nomination, we will start the online application process. You will receive an application link together with further instructions on how to complete your application.

Third Step:

Once you have been nominated by your home university and accepted by FH JOANNEUM, please contact the International Office Bad Gleichenberg if you have organizational issues, such as housing, travel etc. via international-bgb@fh-joanneum.at

Start of the Summer Semester:

Health Management in Tourism & Dietetics & Nutrition: **24th February 2025**

Occupational Therapy: **10th February 2025**

Who is who in Bad Gleichenberg?

Leah-Isabell Heuer

2nd floor, Room 208

leah-isabell.heuer@fh-joanneum.at

Tel.: +43 316 5453 8944

Roles:

International Office Bad Gleichenberg

- General information and advice
- Advice on accommodation, visa requirements and residency documents
- Ongoing advice and support
- Help with administration matters (registration with the authorities and insurance)
- Buddy program
- Tandem program
- Organisation of German as a Foreign Language courses at the Bad Gleichenberg Campus
- Orientation days on the B.G. campus



Manuela Tooma

2nd Floor, Room 220

manuela.tooma@fh-joanneum.at

Tel.: +43 316 5453 6731

Roles:

International coordinator for the Institute of Health and Tourism Management

Lecturer: Institute of Health and Tourism Management



Theresa Draxler

1st Floor, Room 115

theresa.draxler@fh-joanneum.at

Tel.: +43 316 5453 6776

Roles:

International Coordinator for the Institute of Dietetics & Nutrition

Lecturer: Institute of Dietetics and Nutrition and the Institute of Occupational Therapy



Katrin Pechstädt

1st Floor, Room 120

katrin.pechstaedt@fh-joanneum.at

Tel.: +43 316 5453 6787

Roles:

International Coordinator for the Institute of Occupational Therapy

Lecturer: Institute of Occupational Therapy



Eva Adamer-König

Head of the Institute of Health and Tourism Management

eva.adamer-koenig@fh-joanneum.at

Julia Unger

Head of the Institute of Occupational Therapy

julia.unger@fh-joanneum.at

Elisabeth Pail

Head of the Institute of Dietetics and Nutrition

elisabeth.pail@fh-joanneum.at



Where to stay in Bad Gleichenberg?

ÖJAB Haus Bad Gleichenberg

This new residence provides accommodation for 164 students in single and twin bedrooms. All rooms are fully furnished and have their own shower and toilet. Rooms for students with special needs are also available.



Details:

Distance to FH JOANNEUM: 350 meters

Price: single room starting from 345 euros, twin bed room 300 euros, studios starting from 353 euros per person per month, including breakfast buffet (Mon-Fri), 19 to 24 m² depending on room type

- free internet access, utilities (heating, power, water etc.), operating costs, cleaning service, telephone connection (landline).
- Telephone, satellite TV and internet connections in every room
- shared kitchen on each floor. In-house facilities include laundry, sauna, fitness room, study and TV room, bicycle storage.
- friendly atmosphere and joint activities and projects, as in all ÖJAB residences
- parking

The rental period is from 1 September to 30 June, or for a full year on request. **Exchange students are also accepted for shorter periods.** The rental agreement can be terminated on a semi-annual basis in accordance with Austrian student residence law.

For a current list of prices for all room categories and for pertinent details regarding the rental requirements, see <https://www.oejab.at/en/students/dormitories/badgleichenberg>

Further information and applications:

ÖJAB-Haus Bad Gleichenberg
Student dormitory

Albrechtstraße 8
A-8344 Bad Gleichenberg, Austria

Housing Manager

Ms. Claudia Van der Meij

Phone: +43 3159 / 41700 / 51

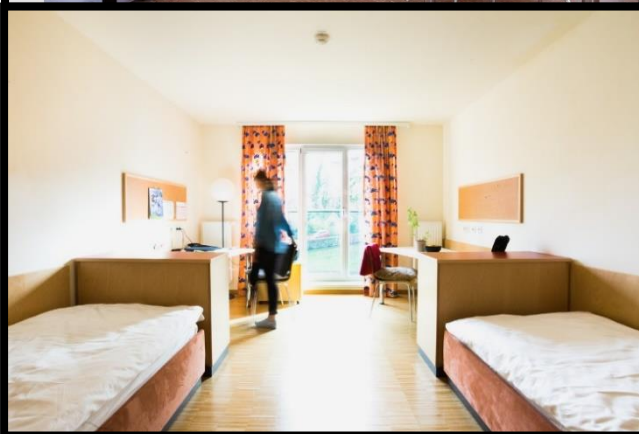
Email: badgleichenberg@oejab.at

Web: <https://www.oejab.at/en/students/dormitories/badgleichenberg#content-anchor>



Impressions from the ÖJAB:

Quelle: <https://www.oejab.at/en/students/dormitories/badgleichenberg>



Bad Gleichenberg student residence

This student residence has 23 single rooms. The rooms are organized in two-room suites with a small shared kitchen and shared bathroom.

Details:

- distance to FH JOANNEUM campus: 100 metres
- price: 285 euros / month
- approx. 20 m² (including adjoining room)
- parking for residents
- Sat-TV and free Internet access
- Accommodation is normally contracted for a ten-months period, but exchange students are accommodated for shorter periods.

Further information and application:

Mag. Peter Hochleitner

Phone: +43 664 3016135

Email: peter.hochleitner@kem.at



Private Rooms and Apartments

Christine Fitzthum

2 apartments (38 m² /65 m²)

Phone: +436643016135

Monschein

3 apartments, 3 double rooms, 1 single room

Phone: +4331592336

Gerhard Prassl

4 studios, 1 shared flat

Phone: +4369916616606

Manfred Schober

5 single rooms

Phone: +436642116865

Christine Trink

4 apartments

Phone: +43315945555



The prices for private apartments are between 200, - and 300, - euros.

Student rooms in Villa Ungarische Krone

Phone: +436642434067

Email: info@villaungarischekrone.at

Web: <https://villaungarischekrone.at/>

The prices for private apartments range between 200 and 300 euros. For more information about private accommodation, you can contact the municipal office of Bad Gleichenberg: gde@bad-gleichenberg.gv.at



Academic Calendar Summer Semester 2025



Nomination Deadline	1st November 2024
Beginning of Classes	24th February 2025 <i>(Occupational Therapy: 10th February 2025)</i>
End of academic classes	28th September 2025
Exam Period	Exams at the end of each class or module
Holidays (no classes)	
Easter Break	14th April 2025 – 27th April 2025
National Holiday	01st May 2025
Ascension Day	29th May 2025
Whit Monday	09th June 2025
Corpus Christi	19th June 2025
Summer Break	30th June – 28th September 2025

Degree Programs @ Campus Bad Gleichenberg

Health & Tourism Management (Bachelor)

The Institute of Health and Tourism Management offers the only university-level degree program in Austria which connects basic knowledge of health sciences with a strong grounding in the tourism and leisure business. The curriculum of the bachelor's degree program in Health Management in Tourism prepares students to assist in organizing and implementing health-promotion and health-counselling programs, as well as tasks concerning leisure, tourism and health tourism. Bachelor graduates either continue on for a master's degree or enter the job market directly. They are usually hired as assistant managers in health resorts, wellness facilities, hotels, leisure and event management operations and tourism associations, as well as in health promotion work programs, public agencies dealing with health issues, or other health-related institutions. After passing the bachelor examination at the end of the sixth semester, students graduate with the degree of "Bachelor of Arts in Business" (BA). A full list of all lecturers and the current curriculum can be found at <https://www.fh-joanneum.at/en/institut/health-and-tourism-management/>

Health-, Tourism- and Sport Management (Master)

The master's degree program in Health- Tourism- and Sport Management trains managers and experts in the organisation and implementation of health promotion projects and tourist activities for the leisure industry and the health tourism sector. The program provides a solid knowledge in special areas of the health tourism industry, and students receive a thorough grounding in the fields of management and organization. Students can choose among three different concentrations within the master: Health Tourism & Leisure Management, Health Management & Public Health and Sports & Event Management. On passing the master's degree examination after four semesters, students graduate as a "Master of Arts in Business" (MA). Graduates of the master's degree program in Health-, Tourism- and Sport Management able to plan and organize health promotion and health counselling, sports and touristic services on the basis of scientific criteria, practical experience, and international developments. A full list of all lecturers and the current curriculum can be found at <https://www.fh-joanneum.at/en/institut/health-and-tourism-management/>

Dietetics & Nutrition (DIO)

There is an increasing interest in health matters in today's society, especially concerning health maintenance and health promotion, due to a notable increase in the incidence of nutrition-related diseases. As a result, dietitians have a broad spectrum of career opportunities in the fields of counselling, training and health promotion. The bachelor's degree program in Dietetics and Nutrition trains students as experts with technical-methodical competence in independently planning and carrying out the nutritional consulting and therapy process. Furthermore, students in the program acquire fundamental knowledge of nutrition management, catering management and nutrition marketing. Theoretical lectures based on the most recent scientific findings, as well as practical sessions under the supervision and with the guidance of teaching staff, form the basis of successful work placements. On completion of the six-semester bachelor's degree program, students are awarded the title, "Bachelor of Science in Health Studies" (BSc). Dietitians can work in hospitals, offer nutritional instruction or serve in tourism facilities offering training programs with nutritional consulting services. A full list of all lecturers and the current curriculum can be found at

<https://www.fh-joanneum.at/diaetologie/bachelor/en/>

Occupational Therapy (ERG)

Occupational therapists treat clients with reduced mobility or other problems limiting their participation in social life, resulting from an accident, illness, developmental delay or in cases where reduced mobility may develop. The bachelor's degree program in occupational therapy offers evidence-based theoretical and practical training as well as instruction in mechanical-creative skills and everyday activities. The internships in the second, fourth, fifth and sixth semesters give students the opportunity to put theoretical knowledge into practice under the supervision and guidance of experts. The bachelor thesis in the fifth semesters sharpen students' skills in the scientific analysis of specific cases. On completion of the six-semester course graduates are awarded the title "Bachelor of Science in Health Studies" (BSc). Occupational therapists work not only in acute treatment and rehabilitation but also in health promotion and preventative health care. A full list of all lecturers and the current curriculum can be found at <https://www.fh-joanneum.at/ergotherapie/bachelor/en/>

Research Competence Areas

Apart from teaching, research and project work play an important role at FH JOANNEUM University of Applied Sciences. The three institutes located on the Bad Gleichenberg campus have developed several Research Competence Areas that actively engage in research and project work. These include:

Sport Science Laboratory

The Sport Science Laboratory (Sportwissenschaftliches Labor—or SpoWiLab for short) in Bad Gleichenberg develops diagnostic packages and training plans for its clients and partners tailored to their specific needs and requirements. The spectrum of services ranges from endurance, strength, speed and coordination diagnostics to biomechanical analyses. The SpoWiLab usually has several of volunteer students helping at all times, so if you are interested, just ask a SpoWiLab staff member about it and they will help you set up a volunteer experience in the lab. Typical tasks are collection and processing of data, assisting in field tests and literature research.



Research Unit in Health Tourism and Management

This unit focuses on the business of health tourism, particularly at the nexus of increasing leisure time on the one hand and health, relaxation and well-being on the other. In addition to consumer research this involves macro- and microeconomic analysis of relevant markets. Consulting services are supplied to commercial partners such as hotels, spas, wellness facilities and health tourism destinations.

Research Unit in Public Health and Health Management

This unit carries out projects in a variety of settings in order to meet current health challenges facing society, and offer clients scientifically based problem-solving competence. The range of services includes:

- planning, execution and evaluation of projects in health promotion, prevention and cure and rehabilitation
- workplace health promotion for firms, as well as network solutions for regions and business branches
- health impact assessment
- health reporting
- participatory health research with different target groups (youth, employees, seniors, etc.)
- development of health mission statements for municipalities, provinces and organizations
- development and implementation of health promotion strategies, concepts and measures
- health conference planning and organization

Research Unit of Occupational Therapy

As "doing" is one of the main objects in occupational therapy's theory, as well as in occupational science, the main aim of the research unit is to put theory into praxis. Occupational therapy research focuses on evidence for different approaches used in occupational therapy. Occupational science focuses on the interdisciplinary exploration of occupations and related factors. Therefore, interdisciplinary projects are planned and performed to gather evidence and knowledge regarding these topics.

Health Perception Lab

The Health Perception Lab is unique in Austria in its focus on applied sensory perception research aimed at sustainable health promotion, prevention and therapy. Though led by the Institute of Dietetics, the laboratory is an interdisciplinary project involving input from a total of seven other institutes of FH JOANNEUM. Through this symbiosis a whole range of interesting research questions can be addressed in cooperation with industry partners.

Course Catalogue

Campus Bad Gleichenberg



Incoming Students can take courses from
all **three institutes** as well as **the International Office**.

1. International Office

Abbreviation	Course Code	Course	ECTS
CuID	-	Cultural Diversity	1 ECTS
TL	-	Tandem Learning	2 ECTS
DaF	-	German Courses	3-5 ECTS

2. Health and Tourism Management

Programme	Course Code	Course SS2025	ECTS
BA	B24.0369206	Introduction to Hospitality Management	2 ECTS
BA	B24.0369209	Customer and Guest Journey Management	2 ECTS
BA	B24.0369213	Writing Skills for Professionals	2 ECTS
BA	B20.0369603	Hospitality Management II: Trends and Challenges	2 ECTS
BA	B20.0369609	English for Professionals in Health and Tourism IV: The Tourism Sector	1,5 ECTS
BA	B20.0369614	Advanced Nutrition Skills (WF6)	4 ECTS
BA	B20.0369615	Sustainable Rural Tourism (WF6)	4 ECTS
MA	M18.0370207	Leisure Management and Culture Tourism	4 ECTS
MA	M18.0370208	Health and Nature Tourism	3 ECTS
MA	M18.0370209	Balanced Resource Management in Tourism	2 ECTS
Incomings Only	B20.0369F02	Spa Operations	10 ECTS

* This course is for incomings only and cannot be found in the online schedule. For that reason, they have no abbreviation. See Manuela Tooma for scheduling details.

3. Dietetics & Nutrition

Program	CourseCode	Course	ECTS
BA	240460213	Scientific Methodology	1 ECTS
BA	240460212	English for Health Professionals 2	1 ECTS
BA	240460214	Body Perception	1 ECTS
BA	240460210	Sports Nutrition	1 ECTS
BA	190460406	Practice of Nutritional Therapy and Dietetics 2	3 ECTS
BA	TBA	Interdisciplinary Perspectives	3 ECTS
BA	240460218	Career Exploration: Professional Internship 1 at the Health Perception Lab (HPL)	5-6 ECTS

4. Occupational Therapy

Program	Course Code	Course	ECTS	
BA	B19.0462411	COPILOT*- Intercultural online learning	1,5 - 3	ECTS
BA	B19.0462607	Professional Internship	9	ECTS

*COPILOT: COPILOT is an online course at the Institute of Occupational Therapy and stands for Cooperative Online Peer and Intercultural Learning. It means that you will have the opportunity to take part in 2-3 international modules, in which you will work on OT-related topics together with peers from other European universities, in English and online. Topics will be announced by January 2025 but may range from "Visions of the Future", to "Cultural Competence in Health" or "Culturally significant meaningful activities".



Course Descriptions

Summer Semester 2025

International Relations Office (INT)

1. German as a Foreign Language

Course code: -

Program: all

ECTS: 3-5 ECTS

Course content: Our secret recipe for successful German learning are small learning groups, individual support, motivated and qualified lecturers experienced in university-level teaching as well as effective teaching materials tailored to the particular requirements of university-level language learners. Depending on the student numbers one or more German courses are offered during the semester. We also offer German Intensive Courses as part of the Orientation Packages in September and February before the semester starts. For more information, please check our homepage www.fh-joanneum.at/orientation!



2. Cultural Diversity at FH JOANNEUM

Course code: -

Program: all

ECTS: 1 ECTS

Course content: The course aims to develop the following skills in students: cultural self-awareness, an appreciation of cultural difference, a facility to interpret actions in many ways in order to facilitate cultural understanding, intercultural communication skills and sensitivity for intercultural issues. Moreover, local students gain the possibility to participate in "internationalization at home" and the cultural diversity and heterogeneity at FH JOANNEUM is emphasized.



International degree seeking students and exchange students in Bad Gleichenberg are going to present their home countries within the scope of so called "Cultural Evenings". After a short intercultural introduction, there will be interesting and

entertaining country presentations. Since each student will lay a different focus, we are already looking forward to an exciting course of lectures which will point out the intercultural diversity at FH JOANNEUM. After the presentations, there will be a short contemplation and discussion of the findings.

3. Tandem Learning

Course code: -

Program: all

ECTS: 2 ECTS

Course content: The Tandem Program at FH JOANNEUM brings together people from different cultures and different languages. The aim of Tandem partnerships is to facilitate the exchange of languages, experiences and cultures. Although many students at FH JOANNEUM are aware that international (exchange) students attend their university, very few of them take the first step in getting (culturally) closer. We would like to change this, with your involvement!



Our Tandem Program is designed to offer all students the opportunity to participate in a recognized intercultural program (2 ECTS) in a relaxed and exciting atmosphere.



Institute of Health and Tourism Management Bachelor Program (BA)

1. Introduction to Hospitality Management

Course code: B24.0369206

Program: Bachelor

ECTS: 2 ECTS

Course content: This course focuses on the fundamentals of international hospitality management. It provides a broad knowledge of various aspects of this industry and its management (e.g. message for the guest, USP, cost optimization, guest retention, quality processes). Students gain an understanding of how this industry is managed internationally, both for the individual operational functions in hospitality organizations (e.g. accommodation management, food & beverage management), as well as in human resource management.

This course also includes an excursion to a spa resort. Please be advised that there will be extra costs involved.



2. Customer and Guest Journey Management

Course code:	B24.0369209
Program:	Bachelor
ECTS:	2 ECTS
Course content:	This course gives students an insight into customer loyalty and its importance for companies in the healthcare, tourism and leisure industries. Customer Relationship Management (CRM) is a strategic orientation of companies that uses communicative, technical and structural instruments to identify, collect, process and use customer data with a view to providing optimal and long-term support and care. The guest journey is addressed in particular.

3. Hospitality Management II: Trends and Challenges

Course code:	B20.0369603
Program:	Bachelor
ECTS:	2 ECTS
Course content:	<p>The course "Hospitality Management II" is the academic study of the hospitality industry and focuses on the rapid structural changes and highly competitive markets. It provides a comprehensive overview of the current trends and challenges of the international hospitality industry.</p> <p>Part of this course is an excursion to the annual "World's Leading Travel Trade Show" ITB in Berlin (Germany). Students have the opportunity to meet market players of the global travel industry and get the necessary information on current movements. Also, the chance to familiarize themselves with various hospitality industry job opportunities. In addition, they will attend selected panel discussions and professional lectures held by hospitality industry experts to gain insights into the industry's current trends and challenges. The ITB Berlin Convention is thus an indispensable information and networking platform.</p> <p>This course also includes an excursion to a spa resort. Please be advised that there will be extra costs involved.</p>

4. English for Professionals in Health and Tourism IV: The Tourism Sector

Course code: B20.0369609

Program: Bachelor

ECTS: 1,5 ECTS

Course content: This is an advanced English class for students in improving English skills in the domain of the health and tourism sector. Students will acquire skills to prepare and deliver presentations in a professional and academic manner, making appropriate use of rhetorical devices as well as audio-visual aids. Furthermore, the emphasis of the class will be on giving constructive feedback and incorporating such feedback into your work. Finally, we will be examining and improving aspects such as body language, posture, tone of voice and register. At the end of the course, students will be able to deliver professional and academic poster presentations, deal with Q&A sessions, give constructive feedback and state informed opinions on health and tourism related topics.

5. Advanced Nutrition Skills

Course code: B20.0369614

Program: Bachelor

ECTS: 4 ECTS

Course content: This course covers: whole-food nutrition, production technologies, storage, distribution and the associated reduction of nutritional value; food processing, preserving, changes in biological value and availability; community catering and HACCP; economic aspects of the implementation of whole-food nutrition in tourist facilities. Regional development policy projects (implementation of regional agriculture), Public health projects, tourist projects as well as ecological and ethical projects may be combined in this curriculum. The presented theory will be applied within the scope of interdisciplinary projects.

6. Sustainable Rural Tourism

Course code:	B20.0369615
Program:	Bachelor
ECTS:	4 ECTS
Course content:	This lecture discusses the principles of sustainable rural tourism, the fundamentals of rural tourism, as well as product development, marketing and communication in sustainable rural tourism. An excursion will round up the knowledge of the students.

7. Spa Operations

Course code:	B200369515
Program:	Incomings Only (E-Learning)
ECTS:	10 ECTS
Course content:	The course "Spa Operations" is designed for incoming students and introduces them to spa operations from a spa manager's point of view - via E-Learning. As spa operations is a very wide discipline and the spa industry varies from private to public supply, depending on the country in question, the main focus in this course is on basic knowledge about operations in a spa center, as well as some historical knowledge of spa development and the global spa industry. Topics covered include the evolution of the global spa industry, basics of the spa business, including the types of therapies and treatments typically offered in a spa and the equipment and personnel required to carry them out, the spa hygiene and safety issues, staff and reception management systems within spas and finally spa retailing.

Institute of Health and Tourism Management Master Program (MA)

8. Leisure Management and Culture Tourism

Course code:	M18.0370207
Program:	Master
ECTS:	4 ECTS
Course content:	This course examines practical and theoretical aspects of cultural, creative, culinary and urban tourism. It takes an interdisciplinary approach, combining insights from the fields of history, art, anthropology, marketing and tourism studies.

9. Health and Nature Tourism

Course code:	M18.0370208
Program:	Master
ECTS:	3 ECTS
Course content:	<p>In this course, students acquire an in-depth knowledge of nature as a complex resource worthy of protection for health promotion in the form of experience-based tourism products, while taking current trends into consideration. Using best practice examples, challenges and solutions in the area of sustainable nature tourism are analyzed from an interdisciplinary perspective with a special focus on the aspects of stakeholder needs, regional development, product design and marketing, and determinants for marketable health tourism products derived from these considerations.</p> <p>This course also includes an excursion. Please be advised that extra costs will be involved.</p>

10. **Balanced Resource Management in Tourism**

Course code: M18.0370209

Program: Master

ECTS: 2 ECTS

Course content: In the context of the growing significance of tourism for regional and national economies, this course teaches students how to identify the diverse resources required for tourism both inside and outside of tourism companies and organizations. Interdisciplinary methods for measuring the economic, sociocultural, ecological and political effects of tourism are discussed and used as the basis for the development of strategies for sustainable resource management using modern management instruments in case studies.



Dietetics & Nutrition, Bachelor (DIO)

1. Scientific Methodology MWA2I

Course code: 240460213

Program: Bachelor

ECTS: 1 ECTS

Course content: The course provides an introduction to research methods, with a focus on identifying, finding, summarizing and citing relevant sources properly, and on the significance of research ethics on the other hand.

Students

- conduct literature searches in the library and in relevant online databases
- are able to identify the literature types and assess their relevance for the professional field of dietetics
- understand the meaning of the term "scholarliness" in dietetics, can explain the relationship between science and professional practice and are aware of the importance of a scientific work ethic in daily work
- use and cite sources properly

2. English for Health Professionals 2 ENG2I

Course code: 240460212

Program: Bachelor

ECTS: 1 ECTS

Course content: The course has two focal points: First, it is meant to complement and support contents taught in the course “Scientific Methodology” in the same semester, with the broad goal of enabling students to deal effectively with literature research and reading of scientific texts in the English language. The second focus of the course is on increasing students’ proficiency in talking about topics related to the human body and its functions as well as nutritional trends.

Students

- have acquired and practiced appropriate strategies for efficient literature research and for reading summarizing and paraphrasing scientific texts
- can describe the human body and its functions
- can discuss nutrition trends and scientific articles

3. Body Perception KWN2S

Course code: 240460214

Program: Bachelor

ECTS: 1 ECTS

Course content: The class explores how individuals develop and maintain perceptions of their own bodies and looks at the resulting psychological and behavior issues that may affect health behaviors as well as compliance in counseling situations.

Students:

- are aware of the interconnections between sociocultural factors and psychological needs on the one hand and body perception on the other hand
- have reflected on their own body images
- are able to put the body images of their clients into perspective

4. Sports Nutrition SPE2V

Course code: 240460210

Program: Bachelor

ECTS: 1 ECTS

Course content: The lecture provides an introduction to sports nutrition.

The students are familiar with the basic concepts of sports nutrition and with current nutritional recommendations for popular sports, training and competition.

Students are able to evaluate and discuss the usefulness of dietary supplements in sports nutrition.

5. Practice of Nutritional Therapy and Dietetics 2 PETD4I

Course code: 190460406

Program: Bachelor

ECTS: 3 ECTS

Course content:

In this module students continue to acquire advanced knowledge of nutrition and food service management for different target groups such as individuals, groups and community catering, especially in a dietetic context, e.g. nephrology. A special focus is placed on practice in meal planning, recipe creation and modification. The meals are prepared and tasted in the dietetic context according to the recommendations of the current rationalisation scheme. A fundamental as well as in-depth knowledge of specialized pathology, nutrition, and dietetics is required. Furthermore, due to legal regulations in Austria, only dietitians are allowed to practice nutrition therapy. Due to these aspects, this course is primarily offered for students studying dietetics.



Students:

- are familiar with advanced aspects of meal and menu planning for different target groups in the preventive context and can apply them
- are able to prepare, analyse and assess meal plans and dietetic meals independently and derive recommendations for adapting them based on a sensory analysis and evaluation
- are able to take into account economic framework conditions as well as seasonal and regional circumstances in the preparation of meal plans and recipes for both individual patients and community catering
- are able to calculate protein portions
- are able to play an active role in the interface management between kitchen, patient and medical personnel

Language of instruction: English and German. NOTE: Practical activities and final paper (case study) can be done in English; for all other parts taught in German, suitable English-language exercises or material will be provided for self-study.

Teaching and learning methods:

- Self-study: you work on a case study in self-study; The research activities for current reference values and recommendations, requirement calculations, menu creation and calculation, recipe adaptation are integrated here
- practical exercises in presence: Preparation and tasting of dishes on malnutrition, consistency-defined diets and nephrology including a sensory assessment of the food

Assessment and exams: Results of the case study (calculations, menu, recipes)

Reflection on practical units/sensory protocol

6. Interdisciplinary perspectives

Course code:	TBA
ECTS:	3 ECTS
Course content:	BIP-VULCANO 2024 stresses the interdisciplinary perspective of a collaboration regarding vulnerable groups. It includes the professional perspectives of Occupational Therapy, Dietetics/ Nutrition, Health Promotion and Social Work. Students are assigned to an international and interprofessional group. Within their groups, students decide on a specific client group and define a product for this chosen group. They investigate and compare the services of dietetics, health promotion and occupational therapy for this specific client group in different European countries from two perspectives: The professional perspective (methods and techniques, attitude, and organizational structures), and the sociocultural perspective (health care system aspects such as insurance issues, service institutions, organizational structures, policies, cultural attitudes and needs of the vulnerable groups). Based upon their research (sources, interviews) and discussions, they present the project about the chosen vulnerable group.

7. Career Exploration: Professional Internship 1 at the Health Perception Lab (HPL) PR1

Course code:	240460218
Course type:	Internship
Duration:	15-20 Days
ECTS:	5-6 ECTS
Prerequisites:	Basic knowledge of nutrition, sensory, food and scientific work (max. 2 students, depending on availability) - only elective if compatible with class schedule.



The Health Perception Lab (HPL) is a laboratory for health-relevant sensory research. The primary focus is on examining beneficial foodstuffs and improving meal plans or food products by means of hedonic sensory analysis using standardized sensory cabins as well as modern digital technology, including 3D face reading and eye tracking. Tasks of interns depend on research being conducted at time of placement. **NOTE: The Health Perception Lab is located on the Graz campus, not in Bad Gleichenberg. As a result, an internship there may require students to arrange for accommodation in Graz or travel there on some days, and to work around the schedules of their other classes in Bad Gleichenberg.**

For more information: <https://fh-joanneum.at/en/labor/health-perception-lab/>



Occupational Therapy, Bachelor (ERG)*

* Be aware the semester starts at the 10th of February 2025 for occupational therapy students!

1. COPILOT

Course code:	B19.0462411
Instructor:	Elisabeth Schwab (COPILOT Coordinator)
Learning outcomes:	<p>Students</p> <ul style="list-style-type: none">• have experienced themselves as individuals influenced by culture• recognize the mechanisms of cultural influences on occupation and value systems• understand themselves and their clients as cultural and social individuals involved in complex relationships and social/cultural environments that have an impact on health and human action and interaction.• understand cultural differences between social, religious and ethnic groups and how these and may impact health care• have learned to accept social and cultural diversity in groups.
Contents:	<p>Be part of one our ERASMUS+-funded international online lectures, where we will offer different international online courses together with our partner universities regarding the topics (1 ECTS each):</p> <p>This online lecture is embedded in other courses of the OT curriculum but will be accessible for incoming students. Together with other international students you will work online in small groups to explore the topics not just from an occupational therapist's perspective but also from an international perspective.</p>
Course methods:	Interactive intercultural activities; lecture; readings and discussion; short presentation; in-class exercises
Assessment:	Participation, short presentation, final written or oral report and reflection

2. Professional Internship

Course code:	B19.0462607
Course type:	Professional Internship
Semester:	ERG, 6. semester
ECTS Credits:	9 ECTS
Lecturer:	Katrin Pechstädt, MSc; Ulrike Donner, MSc (coordinator internship)
Learning outcome:	the internship allows students to: <ul style="list-style-type: none">• reflect on and expand their theoretical knowledge and put it into practice• familiarize themselves with different ways of evaluating and documenting their findings• learn about practical application of models and OT's principles
Course content:	The students can perform parts of the occupational therapy process on selected patients following prescription by a doctor. The process is carried out under supervision as part of the overall medical process in accordance with FH-MTD-AV. The students additionally reflect on their internship under supervision both orally and in writing in a group setting or via e-learning and thus learn to cope with situations experienced as difficult. They use their own experiences from practical work to reflect on patterns of action and emotional states and document them in the learning portfolio. Continuous reflection leads to an individual increase in theoretical and practical competence, which is documented in the learning portfolio. If you are interested in a professional internship, please contact katrin.pechstaedt@fh-joanneum.at
Course methods:	Practical application of techniques, practical experiences
Assessment methods:	Written or oral examination

Impressions of the Campus Bad Gleichenberg



How to get to Bad Gleichenberg?

www.bad-gleichenberg.at

Coming from Vienna

By train

Vienna Aspang – Feldbach* or

Vienna – Graz – Feldbach*

*Change in Feldbach or Bad Gleichenberg (pick up by arrangement).

By car

Via A2 – exit Ilz via Riegersburg and Feldbach to Bad Gleichenberg or exit Gleisdorf-Süd to Feldbach.

Coming from Germany or Graz

By train

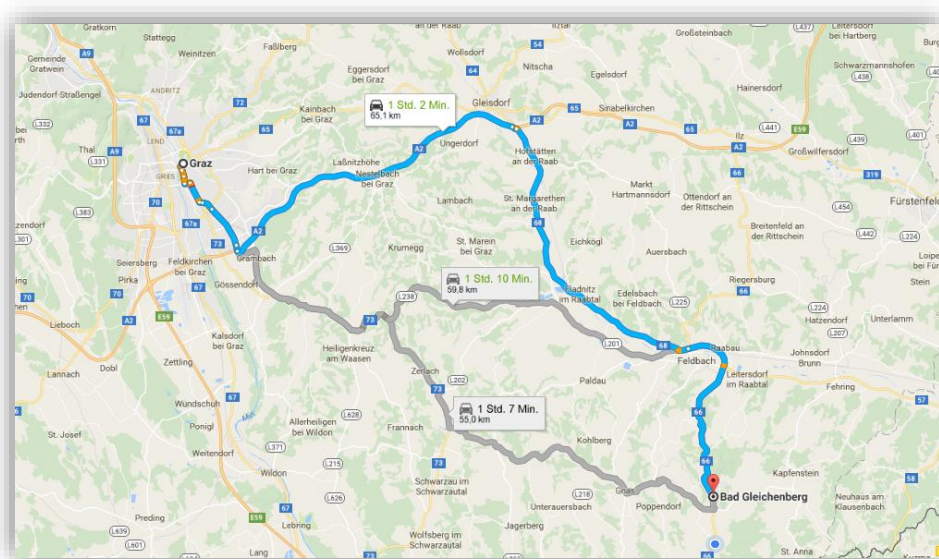
Innsbruck - Graz - Feldbach* or

Salzburg - Graz - Feldbach*

*Change in Feldbach or Bad Gleichenberg (pick up by arrangement).

By car

Via A9 in the direction of Graz, further on A2 in direction of Vienna, exit at Gleisdorf-Süd for Feldbach and Bad Gleichenberg or by car train Feldkirch – Graz and Innsbruck - Graz.



International Events in Bad Gleichenberg

Examples of Events during the Semester:

Orientation Day & City Tour

International Tandem-Café

Erasmus goes Buschenschank

Austrian Bowling Night

Minigolf Event

International Movie Night

Christmas Event

Tandem-Cooking Event

Excursion to a Chocolate Factory

